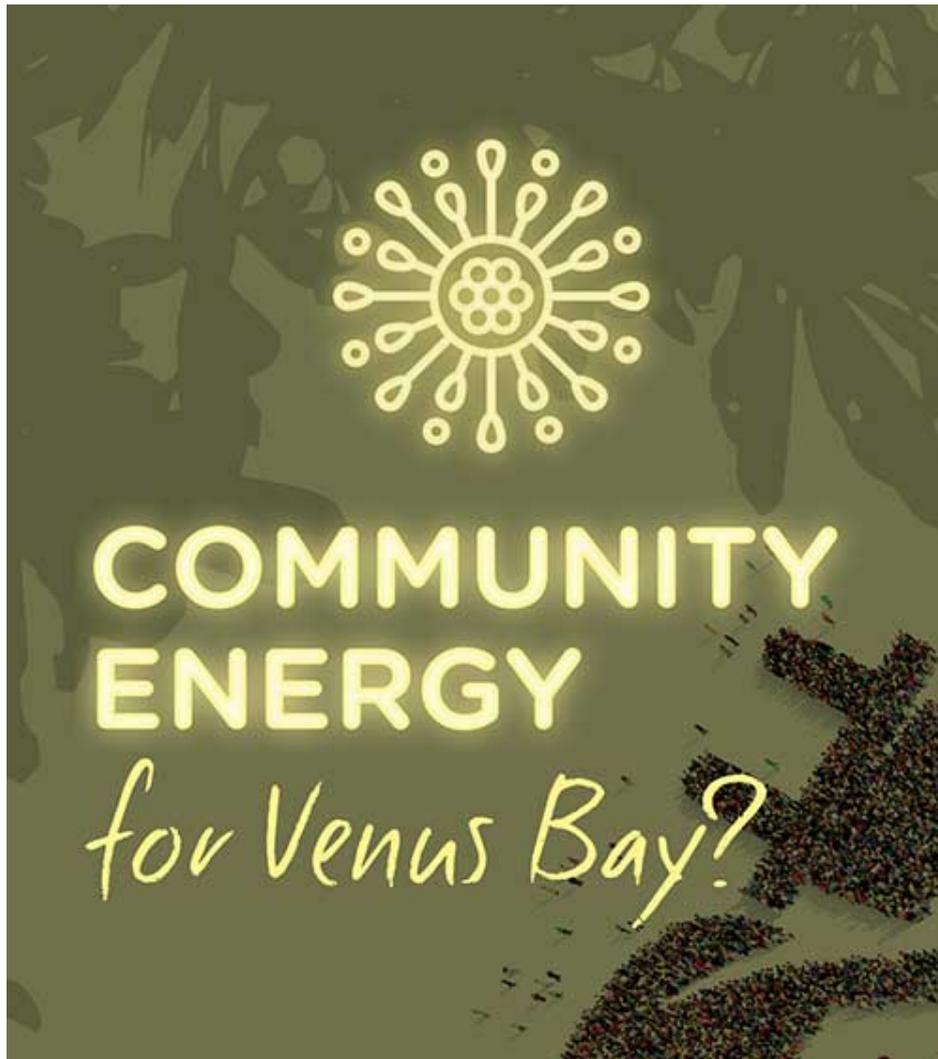


# MATTER OF FACT

a free community newsletter published by  
Venus Bay Community Centre

MAY 2022 Vol 5 Issue 13



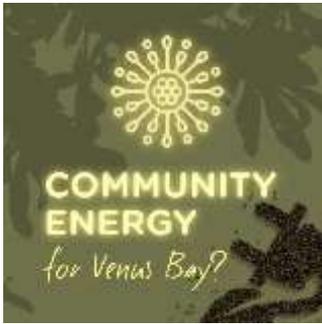
Providing information for  
Venus Bay, Tarwin Lower  
and Walkerville district

**VENUS BAY**  
COMMUNITY CENTRE

We acknowledge the Traditional Owners of Country throughout Australia and recognise their continuing connection to land, waters and culture.

We pay our respects to their Elders past, present and emerging.

## Community Resilience & Reliable Energy Feasibility Study for Venus Bay.



We are extremely pleased to be able share the news that the Venus Bay Community Centre has been successful in gaining a \$195,000 grant from the Australian Community Program – local stream. The grant is the final piece needed as part of a \$317,000 project to identify the most appropriate way to gain energy resilience for Venus Bay. The local community will be invited to actively contribute knowledge and ideas to this project.

Venus Bay is one of a few communities in SE Victoria that have been actively investigating energy solutions to improve community outcomes since the 2020 bushfires. The Community Centre actively shares knowledge with other projects:

- Sandy Point is an isolated community of some 650 dwellings at the end of an unreliable feeder. All water supplies and sewerage in the community depends on electric pumps and without power everything stops. It is also in a high fire risk zone placing this community at high risk of loss of power/water at just the time it will be most needed. In 2022 Sandy Point will investigate energy sharing and Virtual Power Plant initiatives to increase local self-sufficiency and emergency supplies.
- Lochsport is trying to strengthen supply at the edge of the grid. Installing the 500 houses with 10 kW solar and battery & another 200-kW site could provide their energy needs. The community wish to achieve the 100% renewables and to better serve residents and tourists during the emergencies.
- Phillip Island has a vision to become a carbon neutral community by 2030. Mondo Power is currently installing a battery at the Philip Island Zone Substation to reduce the reliance on diesel generation in summer.
- Bemm River and Buchan are both candidates for an emergency smart grid design with research from Federation University and support from the LaTrobe Valley Authority.
- Mallacoota has invested around \$12million in a battery system to lead emergency supplies instead of the existing diesel engines. This has been funded by the Victorian State Government and Ausnet Services. The community is now developing capacity to manage the electrical load across town in order to optimise the use of the battery.

Unlike the above towns, this project will start by prioritising the community resilience that can be gained with access to energy, deepening the understanding of how much energy is needed in emergencies and for how long.

The project, due to commence in May, is the outcome of two years of work by the Venus Bay Community Centre board who have partnered with experts Dr. Rakib Shah at Federation University, Heather Smith at Changing Weather and Morag Mackay from Mycelia Renewables.

The project will be seeking to identify the key elements of resilience from the perspective of residents, business owners, holiday makers and critical service organisations such as Emergency Services. From this the team will develop a resilience framework, with a preferred reliable energy option complete with costings and business plan.

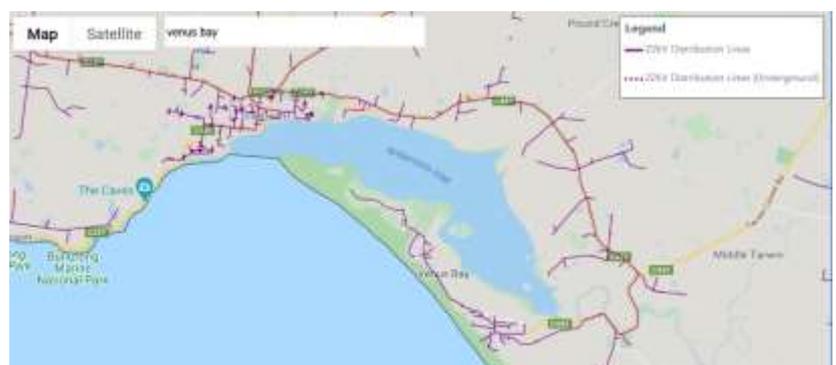


Figure 1 Medium voltage network serving Venus Bay (from Ausnet Rosetta portal)  
Where our power currently comes from.

## Our Recycling Op shop: Supporting a Sustainable Community in Venus Bay

Our aim is to provide an alternative to taking goods out of our community, or even worse, throwing them out. We recycle & redistribute preloved clothing, books, some furniture and lots of bits and pieces. All proceeds from the op-shop go towards the other programs The Centre is able to offer. This service can only operate with the support of our volunteers and with the generous donation of goods.

### Donations

We welcome your donations, in fact, we rely on them. They need to be clean and in good condition for them to be a saleable item. The donations you give assist with our ability to provide opportunities in the community. Be aware we have limited space and therefore cannot always take what might be on offer. There are some items we will not take such as mattresses. If you have big furniture items to donate, we do ask that you come and speak with us about it first to ensure we have room to take it.

### Volunteers

We could not operate without our volunteers! If you can spare some time to help out, we would love to hear from you. It is fun and rewarding, and you never know what you may find!

### Facebook

We often list special items on our dedicated Facebook page. You can like us at [Op Shop Venus Bay](#)

Funds raised through the op-shop support the work of the Venus Bay Community Centre and include (but are not limited to):

- Production of a free monthly community newsletter; Matter of Fact.
- Support for our programs & events such as summer holiday program, Venus Bay Watertank mural signage, classes & interest groups,
- Support for community projects like the free Summer Beach Shuttle bus service.
- Support for our computer lab.
- Public Internet access.
- Many other programs, events and services.
- Providing local part time employment opportunities
- Contributing to district strategic projects
- Advocating for our community on a range of issues that are important to us all



Playgroup is one of our programs directly supported by the Recycling Shop.

## School Holiday Activities

The School holiday activities were run through the first week of the holidays this year. Jorja always provides fantastic fun for all the children in attendance with a range of creative projects on offer. On the last day the children were busy with a little STEM project making lava jars.



## COUNCILLOR UPDATE – MAY 2022

### From Councillor Sarah Gilligan

Congratulations to all our wonderful volunteers and businesses who made our final summer season peak weekend a safe, happy one and thanks to the weather gods for their fabulous show of sunshine and calm. Schools back and its soooo quiet again!

On Monday I was lucky to be the Director of Ceremony at the Tarwin Lower Anzac Day March and Service, truly an honour to be part of such an event and I'd like to especially thank Robyn Langford for her candid memories. If you missed it, come along next year, a really special community event.

A big shout out to the Venus Bay Surf Life Saving Club for another wonderful season of beach going happiness! BEACH ONE AT VENUS BAY IS NO LONGER PATROLLED. Please let newcomers and visitors alike know, if you run an Air bnb pop safety information into the house rules, we need to communicate better with our visitors about the dangers and every little bit helps.



### Plans, Visions, Strategies, Budgets and Community Feedback

South Gippsland Shire Council have finished a major phase of our community engagement and development of our draft integrated council plans, budgets, strategies and a community vision.

To have a look at the drafts or at least the summaries here is the link:

[Provide Plan Feedback | Your Say South Gippsland](#)

### How the vision came together

We've been running community engagement events from just after we were elected in November 2021 up to now to answer the 2040 Vision Survey questions. The Community was asked to think far into the future and imagine South Gippsland, the solid gold version.

The Vision was created via a process called deliberative democracy, we were required to do this as part of the new Local Govt Act and specialists were engaged to carry out the work. Importantly, Councillors treated this deliberative democracy process as an arms-length thing, it would have been improper for us to influence it.

And 6 months later, here we are, presenting you with the direction you want to go in, shaping the future South Gippsland...no pressure 😊

### The Council Plan

As well as the big picture vision we conducted a survey about your priorities here and now. They were roads, environment, roads, safety, roads, roads and roads.

Council staff drafted a number of strategies and plans and a budget weaving the individual documents together with a healthy amount of councillor feedback and annoying rewrites along the way! THEN your elected councillors poured over it and debated each line until everyone felt their community needs were represented. It was quite the task to ensure that we had a decent reflection of Shire wide priorities for the next four years.

### The Budget

Whilst we'd all love to have lower rates, more services and better roads, the reality is we are a huge shire with 1300km of unsealed roads to maintain every year and sparsely populated. The maths just doesn't go our way!

Something that really hit home in my understanding of the business of council is that you don't get a return on new ratepayers for around 10 years, the cart comes before the horse. With rates capped at 1.75% we don't have a lot of room to move within our operating budget and base deliverables.

However, we ARE one of the few regional Victorian councils with a healthy bottom line, we are in a good position to borrow against our growth and encourage investment in the region. Global supply chains and costs are unstable and we would be remiss not to plan to have a financial buffer. We also need to invest in growth infrastructure now while we wait for the 10 year return on rates.

### **Council as advocate and partner**

In our new plan we promise to support community led solutions to our biggest growth challenges, to do this properly much of our work is in advocacy, we are not alone in facing rapid population and demographic change. This council is committed to a targeted advocacy strategy that becomes action and funding.

### **Over to you!**

We did not create these documents in a vacuum, they came from you, the community.

These drafts are now over to you. So please, jump online and give feedback, let council know what you love, what you hate, want more of and if its not the South Gippsland you want then speak up.

For feedback, engagement event details, the survey, plans and summaries here is the link:

[Provide Plan Feedback | Your Say South Gippsland](#)

### **Councillor John Schelling and I will be at the Tarwin Lower Mechanics Institute on Monday the 2nd of May between 2 and 3.30pm for a Coffee with a Councillor event.**

Drop in and take a look at the plans, have a chat and a cuppa, we'd love to see you there.

Cheers, Cr. Sarah G.

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## ***Community Emergency Management Engagement Session – Venus Bay***

Victoria Police in partnership with South Gippsland Shire Council, emergency services and support agencies are running a Community Emergency Management Engagement Session.

**When: Saturday 14 May, 2022**

**Time: 10.00am – 12.00pm**

**Where: Venus Bay Surf Life Saving Club (Club House)**

The Engagement Session will provide the community with information on local emergency risks, what different emergency agencies do and how the community can best prepare for emergency events. There will also be an opportunity to learn more about how to develop an emergency plan for you, your family and your pets.



We are proud to announce **The Auto Festival** is back on again, **Cup weekend 2022**. Cars, bikes & more on show.

Kids entertainment, amusements & more. Working vintage farm equipment & more on display. Market stalls, food vendors, & more. Further details to come –keep the date free.

# Composting Station at the rear of the Community Centre

The composting station at the rear of the Centre has been getting quite a lot of use, in fact, we have filled one complete bay and it is now in the 'resting' phase. Volunteers recently turned the bay and it is now 'brewing' nicely. We should be able to use it to revitalise one of our vegetable beds in the spring. You can continue to add to the first bay. Thank you for helping with this. We still have buckets available at the Centre for anyone wishing to start contributing to the system. We ask that if you are bringing in a green compostable bag that you empty the bag into the compost bin and then place the green bag in the rubbish bin. Unfortunately even though they are compostable they won't break down in our small system. We also ask that you don't add the following items: Bread, rice or pasta as these items attract vermin to our open system.



## Accidental Counsellor Training

### The Accidental Counsellor

At Lifeline Gippsland we are committed to raising awareness of mental health and suicide prevention. A community that is trained to recognise and respond to a person in crisis is the best safety net and builds resilient communities.



Together with Lifeline Gippsland, South Gippsland Shire Council are committed to raise awareness of mental health and suicide prevention. A community that is trained to recognise and respond to a person in crisis is the best safety net and builds resilient communities.

You can join a Lifeline "Accidental Counsellor" session scheduled for:

- **Tuesday 24 May from 9am – 1.30 in Leongatha**  
Becoming an "Accidental Counsellor" will give you the confidence to use simple tools to:
  - Recognise mental health issues
  - Understand anxiety etc
  - How to listen and respond
  - How and when to refer
  - Self-care tips

If you are interested in this session, please register soon as there are limited spaces.

<https://www.eventbrite.com.au/e/accidental-counsellor-tickets-325337090997>

There is also dates in June for one course spread over two nights. This will be online via Zoom. Link will be sent on registration registration will be out closer to the date

Session 1 Tuesday 14 June  
Session 2 Wednesday 22 June.  
Time for both 6.30pm – 9.00pm  
Jodie Arnup - Social Planning Administration Officer  
South Gippsland Shire Council

### The Accidental Counsellor is...

A counsellor by chance. Maybe you've noticed a colleague, client or friend displaying signs of stress, anger, depression or despair. What do you do? What do you say? Are you equipped to handle this?

This program discusses how to recognise someone experiencing an emotional crisis or a developing mental health issue and how to respond appropriately.

Responding appropriately at the right time to someone experiencing a crisis can positively affect the outcome for that individual.

This session highlights the importance of self-care and prioritising your own well-being as you support others.

Becoming an "Accidental Counsellor"\* will give you the confidence to use simple tools to:

#### Recognise

- A crisis or mental health issue

#### Understand

- Depression
- Anxiety
- Trauma
- Suicide

#### Respond

- How to listen
- Time and place
- Appropriate language and terminology
- Encourage action

#### Refer

- How to refer
- Where to refer

#### Self-care

- Tips and tools for looking after yourself.



\*The Accidental Counsellor training will not qualify you to become a counsellor or to provide ongoing support.

#### Lifeline Gippsland Training

Lifeline Gippsland is a not for profit charity. By choosing to do your training through Lifeline Gippsland you are not only getting the very best Mental Health and Suicide Prevention training by the leading organisation in Mental Health, but you are also helping to support our 13 full time staff and saving lives.

#### Contact

Leanne Foster  
Corporate Trainer  
Lifeline Gippsland  
PH: 03 5236 1000  
training@lifeline.org.au

## Tarwin Lower Mechanics Institute Memorial Hall – *What's the buzz?*



Hi all! Well I am still riding high from the very successful **ANZAC Day Service** held in Tarwin Lower on Monday 25 April. Perfect weather and a somewhat COVID normal environment meant that approximately 200 people attended the service

The Hall committee would like to acknowledge the valuable support given by the Wonthaggi Marching Band, volunteer community groups, Tarwin Lower Primary School, local business and individuals to this event. We look forward to having more folks participate in the march next year.

“Lest We Forget”



The **Tarwin Lower Film Society** has rescheduled their next screening “I, Daniel Blake” to **Friday the 27 May** Doors 7pm; Film 7:30pm. BYO drinks and food. Click [here](#) for more info on membership and upcoming movies. [website](#) and [FB page](#).

With Term 2 of school kicking off our next Market Day is **the Queen's Birthday Weekend** Monday 13 June. All proceeds of the sausage sizzle and cake stall go towards the operating costs of the Hall and our major fundraising focus - to replace the rotten weatherboards this year.

Lastly, the Memorial Hall has been booked as a **Polling Place on Saturday 21 May** for the Federal Election 2022.

See you there!

*Marg de Wolff*  
Secretary, Tarwin Lower Mechanics Institute Memorial Hall  
Committee of Management Inc



## South Gippsland Shire Council update

At the April Council Meeting, South Gippsland Shire Council endorsed seven draft strategic plans that are now available for community feedback between 21 April and 15 May. Part of this community feedback period will include an online survey and a range of face-to-face engagement events to collect community feedback. The eight draft plans out for feedback are:

- Draft Community Vision 2040
- Draft Council Plan 2022 – 2026
- Draft Arts, Culture and Creative Industries Strategy 2022 – 2026
- Draft Annual Budget 2022/23
- Draft Long-Term Financial Plan
- Draft Revenue and Rating Plan 2022 – 2026
- Draft Domestic Wastewater Management Plan 2022 – 2026
- Draft Asset Plan 2022/23 to 2031/32

These plans have been informed by extensive community engagement. This included an online survey, nine place-based community pop-ups and two school visits from December 2021 to February 2022. The engagement focused on determining the aspirations, issues and challenges of the community now and into the future. It involved 928 people from diverse backgrounds across South Gippsland who contributed a total of 2,939 comments, which were collated into common themes and interest areas. After this engagement, South Gippsland Shire Council ran the Regional Profile Project that collected the thoughts of over 2,000 households between February 2022 and April 2022. This data provides an in-time snapshot of the likes, dislikes, interests and challenges of the South Gippsland community. It also compliments and has been considered in line with the community feedback from the previous period to inform and develop these seven draft Plans.

To fill out the survey, view the calendar of events and draft Plans, please follow this link: [yoursay.southgippsland.vic.gov.au/provide-plan-feedback](https://yoursay.southgippsland.vic.gov.au/provide-plan-feedback)

**Pictured attached (left to right):**

Back row: Councillor Jenni Keerie, Councillor John Schelling, Councillor Scott Rae, Councillor Adrian Darakai, Councillor Mick Felton.  
Front row: Mayor Mohya Davies, Councillor Sarah Gilligan, Deputy Mayor Nathan Hersey, Councillor Williams.



To view all of Council's media releases, please

visit: [www.southgippsland.vic.gov.au/media](https://www.southgippsland.vic.gov.au/media)

# VENUS BAY COMMUNITY CENTRE

## Employment Opportunity

### **Social Enterprise Coordinator, Community Recycling Op Shop**

If you have experience in retail, are seeking a fulfilling role in a small community and interested in part time work we would love to hear from you. You will preferably have experience in a retail setting, stock display and pricing as well as good people management and computer skills.

The role is 14 hours per week and includes Saturdays. Job share arrangements may be considered for the right people.

Please email or drop in to register your interest and receive a copy of the position description.

Closing date EXTENDED to May 6th 5pm.

Please note Carol is the contact person for this position.  
email: [carol@vbcc.org.au](mailto:carol@vbcc.org.au) or phone 5663 7499 or 0404 773 044

## Volunteering roles available

Volunteering can help you make new friends, learn new skills, advance your career, and even feel happier and healthier.

VBCC Volunteers help in a variety of areas including:

Community Recycling Enterprise

Plants & Garden

Administration

Sustainability

Seasonal activities

Community Activities and Events

Buildings and grounds

If you would like to join our team of volunteers please contact the Centre on 5663 7499 or register your interest here.

We can help you fulfill your mutual obligation hours.



**BALD HILLS WIND FARM  
COMMUNITY GRANTS  
Due by May 13th**

more information  
[www.baldhillswindfarm.com.au](http://www.baldhillswindfarm.com.au)



**Power Saving Bonus Rebate**

Bring in the right paperwork and we can submit online for you. It only takes about 5 minutes to complete.

You must be receiving benefits and have a current pensioner or healthcare card.

**NEW PROGRAMS – Let us know if you are interested. [info@vbcc.org.au](mailto:info@vbcc.org.au)**

DISCUSSION GROUP

# family history

PROBLEM SOLVING, BRICK WALLS AND GENERAL CHAT



**REGISTER YOUR INTEREST NOW**

## Networking Nights

**FOR PEOPLE WHO WORK FROM HOME**

**ONCE A MONTH**

**After hours - COMING SOON**

**A CHANCE TO TALK TO OTHERS WHO MAY ALSO WORK IN ISOLATION OR RUN THEIR OWN BUSINESS**





## Friday 27th May – I, Daniel Blake

Please take note the change of date

Movie begins at 7:30pm. Doors open at 6:45pm.  
Films are screened at the Tarwin Lower Mechanics Institute Hall.

A UK film made in 2016. After surviving a heart- attack, a 59 year old carpenter must fight bureaucratic forces to receive Employment and Support Allowance.

Director: Ken Loach, Writer: Paul Laverty (screenplay) Stars: Dave Johns, Hayley Squires, Sharon Percy.

Trailer can be watched at [https://www.youtube.com/watch?v=ahWgxw9E\\_h4](https://www.youtube.com/watch?v=ahWgxw9E_h4)

Memberships are available at [Trybooking.com](http://Trybooking.com) (Click "Buy Tickets" and search for Tarwin Lower Film Society). 12 months (from July to June)- \$60 3 months (consecutive films) - \$25. Alternatively, you can find a TryBooking link at the [tarwinlowerhall.com](http://tarwinlowerhall.com) website. Any queries can be sent to [tffilmsociety@gmail.com](mailto:tffilmsociety@gmail.com)

## Tarwin Lower Union Church

### *News*



### Regular services:

Saturday 5:30 p.m. Catholic and Mass 6.30 p.m.  
(every Saturday after 2<sup>nd</sup> Sunday of the month)  
Sunday 10.30 a.m. Anglican/Uniting

*Our mission is to be a welcoming, sharing Christian community*

### *Dates for the diary:*

*\*Café church: Sunday 29<sup>th</sup> May with "mystery" guest speaker*

*\*Fellowship lunch with Corner Inlet congregations at Fish Creek Hotel, Sunday 29<sup>th</sup> May from 12.30 p.m.*

*\*Service at Fish Creek Union Church, Sunday 19<sup>th</sup> June at 2 p.m. to recognise the anniversary of the Uniting Church*



## Tarwin Lower & District Community Health Centre Inc.

19 Walkerville Road,  
Tarwin Lower VIC 3956

Telephone 03 5667 5680

Fax 03 5667 5679

ABN: 54 549 578 717

Incorp: A0012733G

[info@tarwinhealth.com.au](mailto:info@tarwinhealth.com.au)

[www.tarwinhealth.com.au](http://www.tarwinhealth.com.au)

### Nurse Practitioner & Maternal Health Nurse

Current services include a Nurse Practitioner, Deb Garvey, Appointments available from 8am Wednesdays until last appointment, Blood tests done on Wednesday are collected by Pathology, Deb can send a prescription straight to the Venus Bay Pharmacy. Other days Deb consults by Telehealth.

Phone 5667 5680. If the phone is unattended, please leave your name and your contact number and we will get back to you. To make a telehealth appointment, phone 5616 2222

A Maternal Health nurse visits on the 2<sup>nd</sup> Tuesday of the month, next visits will be May 10<sup>th</sup> and June 14<sup>th</sup>. Appointments are necessary. You can phone 5662 0853 or contact Maureen on 0459 020 700 and Steph Mon, Wed & Friday on 56629294.

# Spoon carving demonstration

## Saturday 28<sup>th</sup> May 10.00 – 12.00

### Venus Bay Community Centre



A hands-on, two-hour, demonstration and Q&A session on traditional woodworking & fine craftsmanship with professional woodworker Helmut Burri.



Helmut will be setting up in the Community Centre with a range of traditional hand tools and a shave horse. The demonstration is an introduction to the use and history of woodworking tools through a demonstration of greenwood spoon carving. People in attendance will be able to see and participate using the tools to work with the wood.

We need at least 6 interested people for this free demonstration to go ahead. Helmut will be running specialist classes in the future in tool sharpening, spoon carving, chair and furniture making. This will be a great introduction to Helmut and traditional green woodworking. RSVP 21<sup>st</sup> May.

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**SNAP SEND SOLVE.** This is a free app that can be downloaded from either Google play or the App store straight onto your phone.

The program allows you to report problems you might see in the local area or elsewhere if travelling. The App is used across Australian and New Zealand. The program is easy to use and gives you the option to send the information straight to the relevant authority such as local council. If you don't know who you should be reporting a particular problem to the app is a way of doing it. All you need to do is take a photo of the problem and answer a couple of quick questions about location and details in the app.

It can be used for many issues that you might come across such as trip hazards, abandoned cars, and pot holes. Some of the most commonly reported problems are dumped rubbish, illegal parking, graffiti, and lighting. For more information on this app you can go to the webpage to have a look or simply download the app.



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## Latest changes to COVID settings: what they mean for us at the Community Centre and for you when visiting.

- **Proof of vaccination status will no longer be required** - this means we can offer all our services to everyone without restriction.
- Checking in via signature or Services Victoria app is no longer required.
- Masks will no longer be required in primary schools, early childhood, hospitality and retail settings, or at events of any size.
- Close contacts no longer have to quarantine – but are asked to wear a mask indoors and avoid sensitive settings.
- Individuals with a positive test will be required to notify workplace contacts and inform social contacts.
- All workers and volunteers at the Centre are required to isolate for seven days following a COVID-19 diagnosis and two-dose and three-dose vaccination mandates or exemptions still apply.

### Looking for more information?

Statewide information can be found on the [Coronavirus Victoria website](#).

If you have an enquiry relating to Victoria's COVID-19 settings, call the State Government's 24/7 Coronavirus Hotline on **1800 675 398**.



**Silver Banksia  
Plant group  
Mondays  
10.00 - 12.00**

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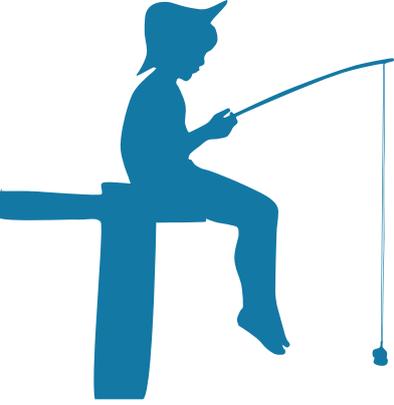
A photograph of a set table with a white plate, a glass, and a spoon, suggesting a community lunch setting.

**FREE Community Lunch  
Wednesdays 12.00**

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**Play group  
Thursdays  
10.30 - 12.00**



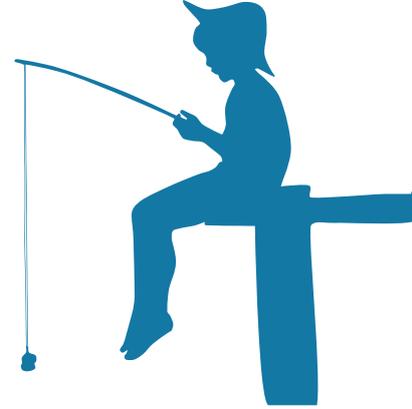


# Womens Fishing

May 17 - 11.30 am

Jun 16 - 12.00 noon

@ The Jetty



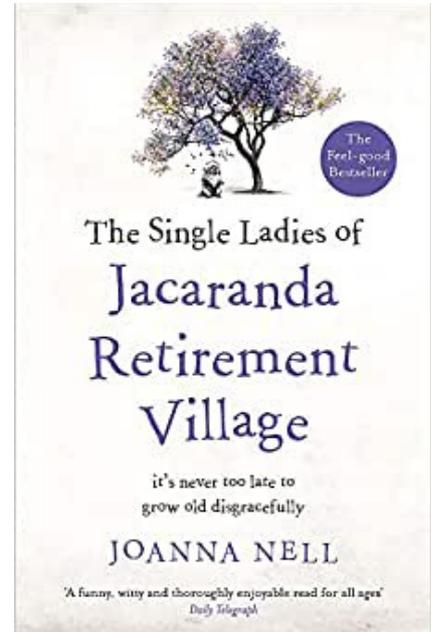
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## Book Club

2nd Tuesday of  
the Month

5.00 - 6.30

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## Sewing

now on

Wednesday

mornings

BYO Project or help with  
upcycling projects

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## A stitchin time

3rd Wednesday of the  
month

5.30 - 7.00

Nibbles and chat





**NEW BICYCLES  
AVAILABLE TO  
HIRE \$20 PER  
DAY**

**WE ALSO HAVE A  
TRIKE  
deposit & registration  
required**



**Have you tried a game of  
Disc golf?  
Course available in  
Tarwin Lower**



**You can  
hire discs  
from us**



**Trailers for  
public use  
within the  
local area  
only**



# **30 APRIL 1 MAY**

## **67<sup>TH</sup>**

# **GIPPSLAND HILLS GROUP EXHIBITION**

### **Handicrafts, Art and Home Industries**

On display will be members exhibits, demonstrations and workshops from the talented women from the Gippsland Hills CWA of Vic Branches. Raffle tickets on sale in the foyer. CWA merchandise and light refreshments available for purchase.

Enquiries Marilyn 03 5664 7327

Find us on facebook @CWAGippslandHills

**Meeniyan  
Mechanics Hall**

**97 Whitelaw St  
Meeniyan**

**Saturday 10 – 4.30**

**Sunday 10 – 3.30**

**Adults \$5**

**Children and  
school children  
free**

**Admission allows  
re-entry all  
weekend**





# Engaging Adolescents

-RESOLVE DIFFICULT BEHAVIOUR IN TEENAGERS-

**Free program for parents of teens aged 13-18 years**

## Tired of yelling and nagging?

**Resolve difficult behaviour in Teenagers.**

In 3 sessions parents will learn:

- Some common ground shared by parents & reasonable expectations to hold about adolescents;
- New understandings of adolescents;
- A three-option model & flow chart for decision making;
- Self check-in first, for parents;
- Building a relationship with your teenager and making the best of your non-crisis conversations with them.

## Parents will receive:

- \* **A FREE workbook (valued at \$12) to apply the concepts learnt**
- \* **A Certificate of Completion**
- \* **Live online delivery**

**Do this highly sought after parenting program FROM THE COMFORT OF YOUR OWN HOME**

***Hurry!***  
***Places are limited***

## When?

**11:30 – 2:30pm**

delivered over 3 Tuesdays:

**May 17<sup>th</sup>**

**May 24<sup>th</sup>**

**May 31<sup>st</sup>, 2022**

## Cost?

**FREE**

## Get in touch

**Bookings are essential!**

Please contact:

**Mark Brookes**  
**Uniting Gippsland**  
**5662 5150**

[gippsland.leongatha.reception@vt.uniting.org](mailto:gippsland.leongatha.reception@vt.uniting.org)



## Do you have a few hours to spare?

We are always looking for volunteers to help out at the community centre...do you have any particular skills you can contribute? Or perhaps you have a bit of time to spend helping with filing in the office or sorting donations for the Recycling enterprise?

Every bit counts and every bit is appreciated. We could not function without our fabulous team of volunteers.

**So why not come and join in!**

Situated at 27 Canterbury Road, Venus Bay.

Phone: 5663 7499, Send mail to Post Office Box 786, Venus Bay 3956

Email: [info@vbcc.org.au](mailto:info@vbcc.org.au) Website: [www.vbcc.org.au](http://www.vbcc.org.au)

Opening hours reflect the season - please check our website or Facebook for details

or call Alyson 0416 242 331

Venus Bay Community Centre is supported by:  
Department of Health & Human Services (Victoria) and the Commonwealth Government, South Gippsland Shire Council.

Our website is [www.vbcc.org.au](http://www.vbcc.org.au)

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**VENUS BAY**  
COMMUNITY CENTRE